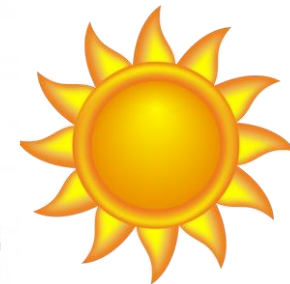


SWARLAND PRIMARY SCHOOL

WINTER MENU 2024/25



WEEK ONE

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Pork or veggie meatballs with tomato sauce or gravy or Jacket potato with cheese, beans or tuna	Chicken or veg curry or Pasta pot with cheese, ham or tuna	Roast of the day with Yorkshire puddings and gravy or Jacket potato with cheese, beans or tuna	Fish portion or Cheese and Broccoli quiche or Jacket potato with cheese, beans or tuna	Sausages, Chicken Burgers or veggie alternative
Potatoes Pasta/Rice	Pasta	Rice and crusty bread	Roast potatoes	Mini cubed potatoes	Chips
Vegetables	Sweetcorn	Green beans	Mixed vegetables	Peas	Baked beans or mushy peas
Salad Bowl	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Jam and coconut sponge Yogurts Fruit pot	Strawberry delight Yogurts Fruit pot	Apple and berry crumble and custard Yogurts, Fruit pot	Flapjacks or cake Yogurts Fruit pot	Pudding of the week

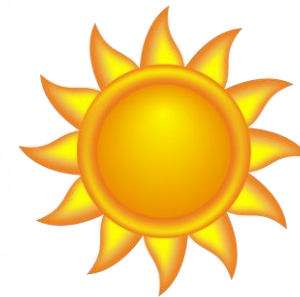


Fresh Fruit and a selection of Breads are always available daily
Drinking Water is Available Daily on the Dining Room Tables
Menus are Subject to Change

Gluten-free, vegan and any specialist diets and allergies can be catered for – please ask for details

SWARLAND PRIMARY SCHOOL

WINTER MENU 2024/25



WEEK TWO

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Macaroni cheese or Tuna pasta bake or Jacket potato with cheese, beans or tuna	Mince pie or veggie alternative or Jacket potato with cheese, beans or tuna	Roast of the day with Yorkshire puddings and gravy or Jacket potato or rice pots with cheese, beans or tuna	Fish fingers, Chicken wraps or veggie alternative or Jacket potato with cheese, ham or tuna	Southern fried chicken, Cheese pizza or Omlette
Potatoes Pasta / Rice	Crusty bread	Creamed potatoes	Roast potatoes	Hash browns	Chips
Vegetables	Peas	Broccoli	Carrots	Baked beans	Baked beans or mushy peas
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Fruit sorbet Yogurts Biscuits	Fruit jelly Yogurts Fruit pot	Iced cake Yogurts Fruit smoothies	Chocolate mousse Yogurts Fruit pot	Pudding of the week

Fresh Fruit and a selection of Breads are always available daily

Drinking Water is Available Daily on the Dining Room Tables

Menus are Subject to Change

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SWARLAND PRIMARY SCHOOL

WINTER MENU 2024/25

WEEK THREE



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Chilli con carne or Vegetable chilli or Jacket potato with cheese, beans or tuna	Shepherd's Pie or Cheese toasties with salad or Jacket potato with cheese, ham or tuna	Roast of the day with Yorkshire pudding and gravy or Jacket potato with cheese, beans or tuna	BBQ chicken or veggie alternative or Tuna and Cheese melts with salad	Sausages or Pizza slice
Potatoes Pasta / Rice	Rice and nachos	Mashed potato	Roast Potatoes	Mini cubed potatoes	Chips
Vegetables	Sweetcorn	Country vegetables	Mixed vegetables	Green beans or sweetcorn	Baked beans or mushy peas
Salad Bar	Seasonal Salads	Seasonal Salads	Seasonal Salads	Seasonal Salads	Seasonal Salads
Starters or Sweets	Melting moment biscuits Yogurts Fruit pot	Cheesecake Yogurts Fruit pot	Sponge cake and custard Yogurts Fruit pot	Biscuits or cake Yogurts Fruit pot	Pudding of the week



Fresh Fruit and a selection of Breads are always available daily

Drinking Water is Available Daily on the Dining Room Tables

Menus are Subject to Change

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